



Dr. Stacy Musselman and The Quantum Care Program

By Deby Goldfarb

Dr. Musselman doesn't believe in the way physicians are sometimes quick to prescribe pills for ailments. She believes that too often doctors wait until a patient is not feeling well and then they say, "here, take this pill," without asking anything about the environment of the patients—a quick fix is just that. Dr. Musselman takes a mind-body approach and addresses the patient along with the environment that led to the state of disease they are in. She believes that there is a better way and that's why she developed her own program. The Quantum Care Program "addresses the underlying issue or root cause with non-synthetic, non-invasive protocols to pre-determine dysfunctions in a patient via comprehensive blood work assessment." Dr. Musselman holds a Master's degree in nutrition, a Ph.D. in natural medicine, and Board Certification in Holistic Health. She believes in preventive medicine ("prevention is the best medicine.") The information that is found in a patient's blood shows the level of dysfunction, allowing her to assess the underlying issue before it becomes an illness. She also believes in making "subtle but sustainable changes in lifestyle" such as diet, natural supplements, meditation and focused breath work. "I want to start early on with

the trends and patterns I see in a patient's blood work before it becomes a pathological issue in which they have to take a pill," Dr. Musselman explained.

Dr. Musselman takes a holistic approach not to be confused with Allopathic physicians who implement the use of pharmacological drugs and other physical interventions to either treat or suppress diseases and health conditions. Homeopathic Medicine encourages healing and



wellness by examining the root cause of the illness rather than just treating the symptoms. Allopathic physicians look at a "Standard Range", and when the range goes beyond a certain threshold, then it is necessary to prescribe a pill. Dr. Musselman addresses the underlying issue not just treating the symptoms like an Allopathic physician would.

Dr. Musselman analyzes a patient's blood work and provides her patients with an uncomplicated, easy-to-read report that uses colors to signify probability of dysfunction. In her dissertation, she focuses on 90 individual biomarkers and shows, based upon blood analysis, how she could help improve patients' results to standard ranges, improving overall biomarkers trending to better health using "intentional focused breath work" without drugs or changes in lifestyle, in only 40 days. "For those patients who don't want to 'breathe' or give up their whiskey and cheeseburgers," she smiled, "we can drop ship supplements right to their door. Based upon their individual needs according to blood-work, all protocols are individualized and unique to the individual.

Dr. Musselman and The Quantum Care Program take into consideration the whole person and their environment. All aspects of a patient's unique circumstances are accounted, from stress levels, diet and eating habits, to food digestion and sleep schedules. A detailed health report analyzes the patient's Functional Body Systems and Individual Nutrient Deficiencies both before and after the Quantum Care Program. The blood chemistry analysis enables Dr. Musselman to determine the probability of dysfunctions and to provide recommendations before any illness or disease develops or advances. She said, "Whatever your concerns are: sleeping, lack of energy, lack of libido, female hormonal issues, diabetes or conditions yet to be determined, we will address it. You can have the blood work and personalized protocol completed in as little as 24 hours so you can begin to feel better immediately."

The Quantum Care Program only uses the absolute best supplements on the market that offer quantum cellular resonance technology to deliver uncompromising quality and effectiveness by providing 100% non-toxic, safe and effective products. Dr. Musselman even provides her patients with pill cases marked "AM" or "PM" that show exactly what is needed for the day, night, week or month. She treats many post-menopausal patients who have had hormone treatments but still complain of weight gain, lack of energy or other adverse side effects. One patient, a 57 year old female who was in the program for 5 months began with 7 areas of dysfunction, and after only 5 months, all 7 areas have improved to the point that now she only needs some minor blood sugar regulation. Dr. Musselman, who is also on the Quantum Care Program, has

increased her own bio-markers and is literally turning back the hands of time. She always conveys to her patients the importance of giving the body the proper support and giving the organs and glands proper balance, especially since the diet of so many people is out of balance.

The ideal time period in the Quantum Care Program is 12 months although retesting may also be completed every 90 days at 6 or 9 month intervals to assess patients' progress. This is also individualized depending upon how quickly and how much difference a patient wants to see. The Platinum/Diamond package includes comprehensive blood work, the first month of complete protocol recommendations that includes all recommended supplements (whether it is 3 supplements or 30) and 3 in person/virtual office visits. Dr. Musselman has found that when her patients begin following the individualized protocols and start using supplements based on their probability and level of dysfunction, they may feel a positive difference as quickly as the next day.

The Quantum Care program is individualized and offers patients several options. Patients can choose a package plan or book online for hourly sessions. Dr. Musselman offers the flexibility to meet at her office, in the comfort of her patient's home with a House Call or virtually using a computer or mobile device. Individuals or families can even book a night, a weekend or week getaway at one of her local immersive holistic retreats located in Delray Beach. The property is designed around Vastu Shastra, health and wellness. The property is well appointed and has a spa room that includes an ultra low EMF infrared sauna, a salt wall for halo therapy, and a 72 LED 8 color changing chakra chromotherapy light and meditation area.

The Quantum Care program is simply a better way to do things. The protocols, supplements and breath work, when used together, yield extraordinary results for Dr. Musselman's patients. **stb**

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